



Palace Bar & Restaurant

Opening Times

—
12.30pm to 9pm
Monday to Sunday

*Experience the finest fresh food in the
stunning surroundings of Tralee bay.*

Ballyroe Heights Hotel

T: 066 712 6796 | E: info@ballyroe.com | www.ballyroe.com



Starters

Chef's creamed soup of the day with homemade brown bread.

(1w, 1o, 7, 9)

€6.50

Poached seafood and vegetable chowder, oat and treacle bread.

(1w, 1o, 2, 4, 7, 9)

€9.95

Lightly spiced chicken wing primes in a homemade Louisiana style chilli sauce, with Cashel blue dip and celery sticks.

(3, 7, 9) (GF)

€9.95

Crisp fried wedges of breaded brie with a wild berry and rhubarb compote.

(1w, 3, 7, 10)

€9.50

Indian spiced red lentil and spinach fritters with a mango, mint, and soya yoghurt dip.

(6, 10) (GF, V)

€9.50

Golden fried crumbed button mushrooms filled with a smoked bacon, black pudding and cream cheese stuffing, tomato, and onion relish.

(1w, 3, 7, 10)

€9.50

Sautéed breast of chicken and mushrooms tossed in a tarragon cream, served in a crisp vol au vent case.

(1w, 3, 7, 12)

€9.50



Sandwiches

Chargrilled ancho chilli chicken burrito with smoked bacon black beans, lime and coriander rice, guacamole.

(1w,9,10)

€15.95

Slow cooked barbecued pulled pork with a red cabbage and red onion slaw in toasted farmhouse bread, smoked barbecue sauce.

(1w,3,7,9,10)

€15.95

Grilled halloumi cheese with avocado, tomato and lettuce in a toasted brioche bun, roast red pepper mayo.

(1w,7,10)

€13.95

Triple decker chicken and streaky bacon club sandwich with lettuce, tomato and mayonnaise.

(1w,2,3,4,7,10)

€15.95

All sandwiches come with a tossed salad and fries.

Traditional toasted ham, cheese, onion and tomato in white or brown bread and a tossed salad.

(1,7,10)

€7.95

Add Fries

€12.95

Freshly made sandwiches on white or brown bread with your choice of filling;

Beef, Chicken, Turkey, Tuna, Egg, Cheese, Salad

(1w,3,4,7,10)

€7.50



Salads

Warm smoked chicken and bacon Caesar salad with parmesan cheese and garlic ciabatta.
(1w,3,7,10) €14.95

Crisp fried goats cheese bonbons with pomegranate seeds, roast beetroot and spiced sweet potato cubes, orange and honey dressing.
(1w,3,7,10) €13.95

Grilled Arabic spiced sirloin steak strips tossed in a feta cheese, tomato and cucumber salad, homemade garlic and parsley flat bread.
(7,8,10) €18.95

Main Course

Homemade beef lasagne with garlic bread, tossed salad and fries.
(1w,3,7,9,10) €17.95

Indian style vegetable curry with sticky coconut basmati rice and a crisp poppadom.
(9,13) (GF, V) €14.95
Add chicken €17.95

Beer battered fillets of fish and chips with tartar sauce, lemon wedge and creamed mashed garden peas
(1w,3,4,7) €19.50

Panko crumbed pink prawns seasoned in lemon pepper, tossed salad, fries, roast pepper and dill mayo and lemon.
(1w,2,3,10) €19.50

Roast cauliflower, quinoa and chia seed balls rolled in toasted coconut and finished in a turmeric, chilli and coriander sauce, coconut rice, crisp poppadom.
(GF, V) €16.50



From the Grill

Chargrilled 8oz Irish Hereford beef burger with smoked streaky bacon and mature cheddar cheese in a toasted brioche burger bun, Follains tomato relish.
(1w,3,7,9,10,11) €18.95

Grilled Cajun spiced chicken fillet burger with mozzarella cheese, guacamole and tomato salsa.
(1w,3,7,10,1) €17.95

Grilled 6oz Irish Hereford sirloin steak with sautéed onions and mushrooms in a garlic ciabatta with garlic butter or black peppercorn sauce.
(1w,3,7,9,10,12) €19.95

Chargrilled 10oz Irish Hereford sirloin steak with sautéed onions and mushrooms, homemade onion rings, garlic butter or pepper sauce.
(1w,7,9,10,12) €31.95



Side orders

Creamed potatoes	€4
Seasonal vegetables	€4
Onion rings	€4
French fries	€4
Garlic and parmesan fries	€5
Tossed salad	€4
Sautéed onions and mushrooms	€4



Kids Menu

Starters

- Child's portion of the soup of the day with a yeast roll.
(1w,7,9) €4
- Baked garlic bread with mozzarella cheese.
(1w,7) €4.50

Mains

- Half portion of the chefs roast of the day.
(7,9,12) €9.95
- Chicken Curry with Sticky Coconut Basmati Rice and a crisp poppadom
(GF) €8.95
- Grilled 5oz beef burger in a brioche bun with cheddar cheese and fries
(9,13) €9.95
- Margaretta pizza topped with mozzarella cheese
(1w,7) €8.95
- Crisp fried chicken nuggets or chicken tenders with a choice of creamed potatoes or fries.
(1w,3,7) €8.50
- Grilled pork sausages with baked beans, creamed potatoes or fries.
(1w,7) €7.95
- Homemade fish goujons with chips, tartare sauce and lemon.
(1w,3,4,7) €9.95
- Penne pasta with a rich tomato sauce, grated parmesan and garlic ciabatta.
(1w,3,7,9) €6.95

Desserts

- Fruit jelly and ice cream.
(7) €4.70
- Warm chocolate brownie with vanilla ice cream.
(1,3,7) €4.50
- Warm apple pie with cream and custard.
(1,3,7) €4.50
- Selection of ice creams with chocolate sauce.
(7) €4



Desserts

Warm apple pie with custard, cream, and vanilla ice cream.
(1w,3,7) €7

Homemade dark chocolate brownie with vanilla ice cream
and a chocolate fudge sauce.
(1w,3,7) €7

Chefs cheesecake of the day - *please ask waiting staff for details.*
(1w,3,7) €7

Sticky toffee pudding with butterscotch sauce, cream and
salted caramel ice cream.
(1w,3,7) €7

Wild berry and whipped cream meringue roulade with a
forest fruit compote and fruit coulis.
(3,7) (GF) €7

Selection of dairy ice creams served in a crisp wafer basket.
(1w,3,7) €7



Tea / Coffee

Tea	€3.00
Americano	€3.20
Café Latte	€3.20
Cappuccino	€3.20
Mocha	€3.50
Espresso	€3.20
Double Espresso	€3.50
Hot Chocolate	€3.50
Herbal Tea	€3.10

Allergens.

1w - wheat | 1o - oats | 1b - barley | 1r - rye | 2 - crustaceans
3 - eggs | 4 - fish | 5 - peanuts | 6 - soya | 7 - dairy | 8 - nuts | 9 - celery
10 - mustard | 11 - sesame | 12 - sulphites | 13 - lupin | 14 - molluscs
G.F. - Gluten Free | V - Vegan

Ballyroe Heights Hotel

T: 066 712 6796 | E: info@ballyroe.com | www.ballyroe.com